

# Now

Parkland

Information and stories for Parkland employees  
March 30 – April 5, 2026



*Parkland selected for*  
NATIONAL PROGRAM TO  
ADVANCE HEALTHCARE  
WORKFORCE WELL-BEING

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# Parkland selected for national program to advance healthcare workforce well-being

Parkland is one of 26 organizations nationwide chosen for the Change Maker Accelerators program, a yearlong effort led by the [National Academy of Medicine](#) to help health systems strengthen support for clinicians and care teams while addressing the root causes of burnout.

Through the program, Parkland will receive coaching, tools and peer collaboration opportunities to implement and measure strategies that improve professional well-being across its workforce.

"Supporting the people who care for our community is essential to delivering safe, high-quality care," said Jennifer Wimberly, MD, Medical Director of Clinical Ethics and Resiliency. "This opportunity allows us to build on the work already underway and continue advancing meaningful, sustainable solutions for our teams."

Health systems across the country are working to improve workforce well-being, with growing recognition that long-term solutions must address system-level challenges. The Change Maker Accelerators program focuses on practical, evidence-based approaches that organizations can implement and scale.

"The Change Maker Accelerators model offers something truly unique in the healthcare well-being space: dedicated, personalized coaching that helps organizations turn commitment into action," said Victor J. Dzau, MD, National Academy of Medicine President. "I'm thrilled to welcome this group of participants who are ready to do the hard work of driving meaningful change. With each cohort, we are building a growing body of evidence that will create a roadmap for sustainable well-being strategies across the entire healthcare sector."

Participants will collaborate through small-group discussions and national learning sessions, sharing insights and best practices with peer organizations. The program also connects current participants with leaders from earlier cohorts to help accelerate progress.

The initiative builds on the [National Plan for Health Workforce Well-Being](#), a roadmap developed by the National Academy of Medicine to address the systemic factors contributing to burnout across the healthcare field.

Parkland joins a diverse group of health systems, academic institutions and community-based organizations from across the country participating in the 2026–2027 cohort. For more information and to see the full list of 2026–2027 Change Maker Accelerators, visit <https://nam.edu/news-and-insights/nam-announces-26-new-change-maker-accelerators>.



## ▼ Join the Parkland team at the March for Babies

Bringing new life into the world is a journey filled with hope, joy and sometimes unexpected challenges. At Parkland, we are committed to supporting families every step of the way and we invite you to join us in making a difference by participating or donating in this year's March for Babies.

This year's event will take place at Levy Event Plaza (501 E. Las Colinas Blvd., Irving, 75039) on Saturday, April 18, with registration opening at 8 a.m. and the walk beginning at 9:30 a.m. You can register to join the Parkland team at [www.marchforbabies.org/team/ParklandHealth](http://www.marchforbabies.org/team/ParklandHealth), and for a \$25 donation, you will receive a Parkland March for Babies T-shirt to wear at the walk. Parkland will also have a tent at the event, so be sure to stop by.

March for Babies is a charitable walking event sponsored by the March of Dimes. It began in 1970 as the first charitable walking event in the United States, and today is held yearly in 1,100 communities across the nation. The event has raised more than \$2 billion since 1970, with proceeds helping to fund research to prevent premature births, birth defects and infant mortality.

For more information on participating in this year's walk, contact LaTrena Hendrix at [Latrena.Hendrix@phhs.org](mailto:Latrena.Hendrix@phhs.org) or Cari Brown at [Cari.Brown@phhs.org](mailto:Cari.Brown@phhs.org).

Whether you walk, donate or help spread the word, your support makes a lasting impact. Let's walk together for stronger, healthier families.



## Passover observance is April 1-9

As we look forward to Passover (Pesach) on April 1-9, Spiritual Care will distribute boxes of matzah for those who observe this Jewish holiday. They will have boxes available in the Spiritual Care Office and will distribute them in the break rooms of inpatient units with notes of support.

Passover is an eight-day celebration marking the Israelites' deliverance from captivity in Egypt under the rule of Pharaoh. During this time, our observant Jewish friends remove chametz (leavened foods products along with kitchen utensils and tableware that are replaced with special Passover dishes and cooking tools) from their homes as part of the work of preparing for the Seder evenings that include a retelling of this story of liberation. In the place of leavened bread, they eat matzo, an unleavened bread that symbolically captures the haste with which Israelites had to leave Egypt. There simply wasn't time for the bread to rise on their way to freedom.

While several of our Jewish friends may take this day off as a holy day, others may not. If you have colleagues and/or friends who are Jewish, you can say "Chag Pesach Sameach!" which means Happy Passover Holiday! Or you can shorten it to "Chag Sameach," (pronounced KHAHG sah-MEY-akh), which is the customary Hebrew greeting for religious holidays meaning "Happy Holidays!"

## ▼ Lasting Impressions: Charletha White Jackson



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Charletha White Jackson, Food Service Associate, Nutrition Services.

*"Charlie's infectious positivity and big heart sparked a simple yet powerful idea – bringing caring joy to patients by singing 'Happy Birthday' and transforming an ordinary hospital day into a moment of celebration. Guided by accountability, integrity and teamwork, she shared her vision with fellow associates, who eagerly helped bring it to life. Together, Charlie and the team honor patients by singing in their native languages, showing deep respect for diverse cultures and creating meaningful, personalized moments. Charlie truly embodies the spirit of Nutrition Services. Her warmth, compassion and unwavering positivity bring joy to everyone she encounters, making a lasting difference in the lives of patients and colleagues alike."*



## Jet Dental onsite appointments return April 13-16

Jet Dental returns Monday, April 13, through Thursday, April 16, offering you a convenient opportunity to receive dental care at Parkland. Jet Dental will offer dental services from 9 a.m. to 5 p.m. next to the Employee Health Center on the 4th floor of Moody Outpatient Center on the dates/times listed below. Appointments are required to be seen in the dental clinic and may be scheduled by [clicking here](#).

For more information on this exciting opportunity, view this [FAQ](#) or visit [ParklandBenefits.org](#).



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing [Employees@phhs.org](mailto:Employees@phhs.org) or calling ext. 28048.

## Join the Safety Spotlight/Nightlight

At noon on Monday, April 6, Patient Safety & Clinical Risk Management will host the next "Safety Center Spotlight" webinar to educate Parkland team members on how to get the most out of the Safety Center. In addition, a "Safety Center Nightlight" webinar for night shift staff will be held at 5:30 a.m. on Wednesday, April 1. You can join these sessions using the login information below.

### 5:30 a.m. Wednesday, April 1

- [Join WebEx](#)
- **Meeting number (access code):**  
2305 211 9583
- **Meeting password:** SUuWFZ2H3t2

### Noon Monday, April 6

- [Join WebEx](#)
- **Meeting number (access code):**  
2318 254 0921
- **Meeting password:**  
rBtvW9pmj52



## ► Apply to host an intern this summer

Parkland's Workforce Development Summer Intern Program has returned. The program offers participating departments additional assistance for the summer while providing an excellent developmental career opportunity for some of Dallas' most inspired, ambitious students.

### Program details

Workforce Development collaborates with community organizations and the Parkland Health Foundation to offer these paid internships for graduate, undergraduate and high school students in Dallas.

Through this program, interns are employed at Parkland for eight weeks, gaining valuable experience in preparation for a future healthcare career. The time spent at Parkland provides them with the first steps in beginning their professional career.

Training will be offered for all managers of intern hosting departments (more details will be provided soon). Interns will also attend New Employee Orientation on Monday, June 8.

### How to apply

To request an intern, fill out the [linked application](#) by Friday, April 10. Students will be matched based on their area of interest and Parkland's budgetary considerations.

**PLEASE NOTE:** Along with hosting an intern (paid for by OTM), departments can also sponsor an additional intern (paid for by sponsoring department). For more information regarding Parkland's Internship Program, contact Workforce Development at [wdinternshipprograms@phhs.org](mailto:wdinternshipprograms@phhs.org).



## Texas Rangers tickets on sale in the Gift Shop

If you missed out on Opening Day tickets, don't worry, the Parkland Gift Shop has more tickets on sale for upcoming Texas Rangers games.

- **Tuesday, April 28, vs New York Yankees:** Sales begin March 30 ([ticket purchase form](#))
- **Friday, May 8, vs Chicago Cubs:** Sales begin April 13 ([ticket purchase form](#))
- **Friday, June 19, vs San Diego Padres:** Sales begin May 18 ([ticket purchase form](#))
- **Friday, July 10, vs Houston Astros:** Sales begin June 15 ([ticket purchase form](#))
- **Tuesday, Aug. 4, vs San Francisco Giants:** Sales begin July 6 ([ticket purchase form](#))
- **Monday, Sept. 22, vs New York Mets:** Sales begin Aug. 24 ([ticket purchase form](#))

For employees in the hospital, tickets can be purchased in the Gift Shop. For offsite employees you can submit any of the forms above to [ParklandGiftShop@phhs.org](mailto:ParklandGiftShop@phhs.org) and it will be processed via payroll deduction.

## Onward & Upward

**Ambulatory Specialty Clinics:** Nneka Kalu to Advanced Practice Provider I – General, Alice Myalil to Senior Registered Nurse – Oncology, Adrienne Queen to Supervisor – Ambulatory Clinic, Tedra Shaw-Langley to Senior Medical Practice Assistant

**Business Sustainability:** Blanca Provencio to Senior Data Analyst

**Care Management:** Olivia Smith to Social Worker (LCSW)

**Clinical Support Services:** Miesha Smith to Senior Associate Food Services

**COPC:** April Meras to Advanced Practice Provider III – General

**Emergency Department and Behavioral Health:** Guadalupe Montiel to Senior Registered Nurse – Acute Care, Nicole Berinshteyn, Laura Sanchez and Morgan Sweet to Senior Registered Nurse – Emergency

**Enterprise Project Management Office:** Chirag Patel to Manager Enterprise Portfolio

**Information Technology:** Mary Fancher to Information Technology Application Systems Specialist, Chrystale Redic to Information Technology Application Systems Team Lead

**Internal Audit:** Osaruonamen Igbinovia to Senior Information System Auditor

**Laboratory Services:** Abraham Gebremichael and Jacob Marek to Senior Medical Technologist, Gloria Ines Bates to Senior Histology Technician

**Medical Affairs:** William Rattan to Advanced Practice Provider II – General

**Medicine Services:** Ave Maria Apepe, Douglas Bethuram, Oscar Campos, Maria Elena Lovato, Melissa Mathew and Liliana Ramirez to Senior Registered Nurse – Acute Care, James Mounghkounsavath to Senior Neurodiagnostic Technologist, Savannah Duke to Senior Registered Nurse

**Patient Financial Services:** Maria Medrano to Patient Financial Services Representative, Mariana Navarro Sanchez to Financial Counselor

**Perioperative Services:** Selina Silva to Anesthesia Technician  
**Supply Chain:** Max Escalante to Medical Equipment Distribution Technician, William Montgomery to Senior Supply Chain Logistics Technician

**Surgical Services:** Karen Chaparro, Carmen Dennis and Adrian Leon to Senior Registered Nurse – ICU CCU PCU, Kelly Avalos, Rebecca Eaton, Fatima Guerrero, Nancy Kinuthia and Alejandra Pena to Senior Registered Nurse – Acute Care

**Women & Infants Specialty Health:** Angela Galvan, Treazur Herford, Emejulu Okechukwu, Cathleen Redus and Natasha Silumbwe to Senior Registered Nurse – Mother Baby, Bethany Samuel to Registered Nurse – Mother Baby, Kennedy Blass, Sharon Contreras and Faith Rylands to Senior Registered Nurse – NICU, Emily Jauregui to Senior Registered Nurse – Labor & Delivery, Adrienne Daniels to Advanced Practice Provider II – General, Destiny Aguilar and Joysy Varghese to Associate Manager, Nursing

## Retirements

- Ronald Copeland, Supply Chain Logistics Technician, Supply Chain
- Zarin Kidwai, Staff Physician – Internist, COPC



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of Parkland Now is by the end of day each Monday.

To publicize your news in Parkland Now, please send all submissions to [Employees@phhs.org](mailto:Employees@phhs.org) or call ext. 28048.