

# FLOW

Parkland

Information and stories for Parkland employees  
May 18 – 31, 2026

*Celebrating*  
**Asian American  
and Pacific Islander  
Heritage Month**



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## Celebrating Asian American and Pacific Islander Heritage Month

Asian American and Pacific Islander (AAPI) Heritage Month, celebrated each May, honors the rich histories, vibrant cultures and significant contributions of Asian Americans, Native Hawaiians and Pacific Islanders in the United States. Originally established as a week-long observance in 1978, it became a month-long celebration in 1992.

In recognition of AAPI Heritage Month, Parkland's Healthcare Alliance of Asian American Pacific Islander Employee Resource Group (HAAPI ERG) is proud to host the following activities:

### Tuesday, May 26:

- **Cultural Cuisine Collaboration:** In partnership with Nutrition Services, enjoy a special menu spotlighting Hawaiian flavors.
- **AAPI Heritage Celebration:** Join the Healthcare Alliance of Asian American Pacific Islanders Employee Resource Group (HAAPI ERG) as they celebrate Asian American Pacific Islanders Heritage Month from 11:30 a.m. to 12:30 p.m. on Tuesday, May 26, outside Park Market. This tabling event will feature ethnic attire, a photo booth, music, swag, food, fellowship and other interactive activities.

We invite all employees to join us in celebrating the heritage and diversity of our AAPI communities!

Parkland's HAAPI ERG provides an open space for discussions about the unique challenges faced by specific groups, while celebrating and educating our workforce about the invaluable contributions of the AAPI community. You can find out more about the HAAPI ERG via its dedicated [SharePoint page](#).

## Join the HRO Learning Series session on May 19



Please join us for the HRO Learning Series. The next session will take place at noon on Tuesday, May 19. Join using the WebEx information below:

- **Join WebEx**
- **Meeting number (access code):** 2311 641 7282
- **Meeting password:** PWkBWG3m52X (79529436 when dialing from a phone or video system)
- **Join by phone:** 1-469-210-7159

To ensure you do not miss an event, register for the webinar series by clicking [here](#). If you're unable to attend, a recording will be posted to the [HRO website](#) under the HRO Learning Series icon. Email any questions or concerns to [QualitySafetyOperations@phhs.org](mailto:QualitySafetyOperations@phhs.org).

## Celebrate the opening of our newest unit on the 9th floor

Next month, Parkland will open a new 56-bed unit on 9 Gold, and we want you to help celebrate! Come to the unit for an open house event from 11 a.m. to 1:30 p.m. on Wednesday, May 27. Take this opportunity to explore this new space that will greatly benefit our patients, and also enjoy some light refreshments with your coworkers. We hope to see you there!



## Join Parkland team members at the 2026 Dallas Pride Parade

Join Parkland in the 2026 Dallas Pride Parade as we come together to celebrate community, visibility and pride during this year's "Sunset Parade in Downtown Dallas" from 7 to 9 p.m. on Saturday, June 6. Employees interested in marching in the parade are encouraged to sign up using [this link](#). Family members, friends and allies are also welcome to join us as we represent Parkland in an evening of unity and celebration.

Parkland's LGBTQ+ ERG works to create a safe and inclusive environment throughout the organization and is supportive of LGBTQ+ employees, patients, families, friends and allies. To learn about how to get involved or receive updates about their meetings, events and activities, please visit their [SharePoint Page](#) and email [LGBTQ@phhs.org](mailto:LGBTQ@phhs.org).

## ▼ Lasting Impressions: Olivia Lieu



Each week, “Lasting Impressions” features a Parkland employee who does exceptional work and provides excellent customer service. This week’s “Lasting Impressions” features Olivia Lieu, Lead Environmental Services Technician.

*“I wanted to recognize a sweet, beautiful Environmental Services woman I see almost every day that I work: Olivia Lieu. It seems that she is everywhere on the 1st floor. She always has a friendly, cheerful attitude and takes a moment to say hello. She is super diligent in keeping the Parkland front lobby area clean. I have the utmost respect and admiration for her. She plays an important role for Parkland to keep everything nice and tidy for visitors, employees and patients. Please let her know how much she is appreciated and all of the EVS staff for what they do!”*



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing [Employees@phhs.org](mailto:Employees@phhs.org) or calling ext. 28048.

## NAVIGATING YOUR BENEFITS

Each month we will highlight an Employee benefit to help guide you toward resources that support and improve your overall wellbeing and work experience. If there are any topics you would like to see covered in a future issue contact the Office of Talent Management via the OTM Service Portal ([OTM Service Portal](#)).

### Life event detour

Life events throughout the year — like marriage, welcoming a child, divorce, loss of coverage or other life changes may require you to update your benefits outside of annual enrollment. Think of these life events as a quick detour along your journey. Here are some tips to help guide you through the process.

Change requests for life event elections must be made within 31 days following the event. If you have questions, contact OTM Shared Services at 469-419-3000 (ext. 73000).

To get started, go to Workday > Benefits and Pay > Change Benefits > Select Life Event Reason (enter date of event). After you submit your information, Workday will create a task so you can make the necessary updates including submitting the required documentation for your qualified status change. For additional help, read these [step-by-step instructions](#).

- [Qualified Status Changes – Parkland Benefits](#) – All your benefits in one place

## Your vote, your voice



We are in election season in Texas, and we wanted to remind you of important dates and information. Elections have an effect on healthcare policy on the local, state and federal levels, and policy decisions affect healthcare funding, operations and the health of our patients and employees. It is important to note that Parkland (a governmental entity) is non-partisan and employees may not campaign or promote candidates at work or during work hours. To get ready to vote, you can visit [VoteTexas.gov](http://VoteTexas.gov) to find the location of your Election Day polling place, the required identification, and answers to frequently asked questions.

### Runoff election dates for the primaries

- Early voting starts: Monday, May 18
- Early voting ends: Friday, May 22
- Election day: Tuesday, May 26

### General election dates

- Early voting starts: Monday, Oct. 19
- Early voting ends: Friday, Oct. 30
- Election day: Tuesday, Nov. 3

## ▼ Stop by the pop-up sale this week

The Parkland Auxiliary is sponsoring a pop-up sale featuring Gold’N Visions from 7 a.m. to 7 p.m. on Monday, May 18, and Tuesday, May 19, in the Private Dining Room. Stop by to browse the selection of jewelry, watches, handbags, fragrances and electronics. Payroll deduction is available for employees, and cash, debit and credit cards are accepted.

## Editor’s Note

Due to the Memorial Day holiday, there will be no Monday, May 25, issue of *Parkland Now*. Regular weekly publication will resume on Monday, June 1.

## Memorial Day at Parkland

Memorial Day remembers and honors military personnel who died in active service for the United States Armed Forces. It is a day when many Americans partake in fellowship through family gatherings and community events. However, it is also a time of grief during which we reflect on the loss of our heroes and recognize the sacrifices and brave efforts of these individuals and their loved ones. Memorial Day is observed annually on the last Monday of May – taking place this year on Monday, May 25.

We encourage you to join Parkland's Military and Veterans at Parkland (MVP) ERG at 11 a.m. on Tuesday, May 26, to honor those who made the ultimate sacrifice. The Memorial Day ceremony will occur at the flagpoles near Harry Hines Boulevard.

For more information, please visit the [ERG's SharePoint page](#) or email [MVPERG@phhs.org](mailto:MVPERG@phhs.org).

### ***Final Honors ceremony for veterans***

As a reminder, the Final Honors ceremony is a tribute to the men and women who served in the Armed Forces and pass away in the hospital available year-round. If you know a veteran who passes away in the hospital, please notify Spiritual Care, who will support the family in honoring them. The Parkland policy that outlines the process can be found [here](#).

## ▼ Register for the Spring Step-A-Thon

Time to get stepping! Team up with coworkers to get active and climb to the top of the leaderboard, earning rewards and points in the myCigna Wellness Experience. You can register now through Monday, May 25, and the step challenge will run Monday, May 18, through Monday, June 15.

### ***How to participate:***

1. Ensure you've set up your profile at [myCigna.com](http://myCigna.com) or in the [myCigna app](#). Select Wellness from the home screen, then click Wellness Dashboard under Wellness Home and fill out a brief form to set up your Wellness Experience profile.
2. From the Wellness Home, select Challenges from the menu and complete registration, adding up to five people per team. You may also participate in the challenge solo, but you'll boost your step score with more people on a team.
3. Get credit for your steps! Integrate with Apple Health or other fitness tracking devices to easily track your daily steps. In the [myCigna app](#), go to the Wellness Home, select Resources (far right option in the top menu bar) > Devices and Apps > Connect with Apple Health OR Connect a Device for devices other than Apple watches and follow the steps on your screen to connect.
4. Be sure you're logging in regularly to get credit for tracked steps. You may get credit for up to 30K steps per day. If you finish early, keep stepping or another team may pass you! All steps must be uploaded by June 19 at 11:59 p.m. CST.

Your team of five will earn points based on total steps per day (30,000 max steps per day per person), and the top three teams with the most total team steps at the end of the challenge will win the grand prize\* of a tote bag filled with Parkland swag! Points earned for steps also go towards your annual rewards points, with the ability to earn up to \$100 annually in Wellness Cash redeemable in the Wellness Store.

*\*Only employees are eligible for prizes*

## ▼ Register for Microsoft Copilot training

Interested in using AI to boost your productivity—without needing a Copilot license? Join our Copilot Free Chat training sessions designed for all Parkland team members. Learn how to use Microsoft Copilot Chat to summarize information, generate content, answer questions and improve everyday workflows.

Multiple sessions are available in May and June. [Register here](#).

### ***These sessions are ideal for users who:***

- Do not have a Copilot M365 license
- Want to build foundational AI skills
- Are looking for practical, everyday use cases

### ***What you'll learn:***

- How to write effective prompts
- Common use cases (email drafting, summarization, research)
- Responsible and secure use of AI at Parkland
- Tips to improve output, quality and efficiency



Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health. Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday. To publicize your news in *Parkland Now*, please send all submissions to [Employees@phhs.org](mailto:Employees@phhs.org) or call ext. 28048.