



Parkland

Information and stories for Parkland employees
May 19 – June 1, 2025

Celebrating Asian American and Pacific Islander Heritage Month



P.2 Self-Enhancement
Workshops in May

P.3 MVP ERG hosts Memorial
Day remembrance

P.4 Safety Event –
Shared Learning

On the cover

Celebrating Asian American and Pacific Islander Heritage Month

Asian American and Pacific Islander (AAPI) Heritage Month, celebrated each May, honors the rich histories, vibrant cultures and significant contributions of Asian Americans, Native Hawaiians and Pacific Islanders in the United States. Originally established as a week-long observance in 1978, it became a month-long celebration in 1992.

In recognition of AAPI Heritage Month, Parkland's Healthcare Alliance of Asian American Pacific Islander Employee Resource Group (HAAPI ERG) is proud to host the following activities:

- **Cultural Cuisine Collaboration:** In partnership with Nutrition Services, enjoy a special menu on Mondays and Tuesdays this month spotlighting traditional Indian and Filipino dishes.
- **Monday, May 19**
 - **Wellness Webinar with Spiritual Care:** Discover meditative techniques to support your mental and emotional well-being. Join by [clicking here](#).
- **Friday, May 30 | Noon-1 p.m. | Moody Foundation Wellness Garden**
 - **Bollywood Dance Instruction:** Join us for a fun and energetic Bollywood dance session.
 - **Learn Origami Table:** Stop by to explore the Japanese art of paper folding and create your own origami.

We invite all employees to join us in celebrating the heritage and diversity of our AAPI communities!

Parkland's HAAPI ERG provides an open space for discussions about the unique challenges faced by specific groups, while celebrating and educating our workforce about the invaluable contributions of the AAPI community. You can find out more about the HAAPI ERG via its dedicated [SharePoint page](#).



Self-Enhancement Workshops in May!

Join a FREE virtual workshop hosted by Self-Enhancement and Therapy Services (SETS) at the Employee Health Center, led by EHC clinical psychologists and licensed clinical social workers. [Sign up for a workshop here](#)* and you will receive an email with the WebEx link to join the session.

**Workshops have a limited number of spots available and are first come, first served. Once full, registration for that workshop will close. Sessions are NOT recorded.*

Understanding and Overcoming Imposter Syndrome

Angela Hill, PsyD, ABPP | Tuesday, May 20, noon – 1 p.m.

Strategies to Manage Attention-Deficit/Hyperactivity Disorder

Mark Dalal, PhD | Thursday, May 22, noon – 1 p.m.

Learn more about the EHC behavioral health team who lead SETS workshops! [Mark Dalal, PhD](#) and [Angela Hill, PsyD, ABPP](#).

Editor's Note

Due to the Memorial Day holiday, there will be no Monday, May 26, issue of *Parkland Now*. Regular weekly publication will resume on Monday, June 2.

▼ Lasting Impressions: Jena Saenz



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Jena Saenz, Licensed Vocational Nurse, Garland Health Center.

"Jena has become my work 'grandma.' She makes you feel as if you can count on her for anything and treats those around her like family. She is always going above and beyond to help others. I don't know anyone who would deserve this award more than her. Jena makes sure she helps anyone around her who needs it. She is great at her job and is always making sure the doctors around her have everything they need. Doctors will also look for her to ask if they ever need guidance which speaks volumes."



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

▶ HRO Learning Series session on May 20

Please join us for the HRO Learning Series, a monthly educational offering that provides an overview of the Universal and Leader Skills themes of the month. The next session will take place at noon on Tuesday, May 20. Join using the WebEx information below.

- **Join WebEx**
- **Meeting number (access code):** 2308 067 8659
- **Meeting password:** JKyd6tPG9c3 (55936874 when dialing from a phone or video system)

To ensure you do not miss an event, register for the webinar series by clicking [here](#). If you're unable to attend, a recording will be posted to the HRO website, [High Reliability Organization \(HRO\) - Home](#), under the HRO Learning Series icon. Please allow a few days grace to allow for video editing. Email any questions or concerns to QualitySafetyOperations@phhs.org. We look forward to seeing you there!

MVP ERG hosts Memorial Day remembrance on May 27

On Tuesday, May 27, the Military Veterans at Parkland Employee Resource Group (MVP ERG) will host a Memorial Day ceremony titled, "Serving with Purpose: Supporting Veterans at Parkland." The ceremony will take place at 11 a.m. in the MacGregor W. Day Auditorium (1st floor, Moody Outpatient Center) and will include an overview of Memorial Day, the Missing Man Table and conclude with the playing of Taps. It will then transition into a panel discussion on transitioning from serving in the military to working in the civilian workforce. Our esteemed panel of veterans at Parkland will share their journeys and provide insights into navigating and supporting those transitioning.

Memorial Day remembers and honors military personnel who died in active service for the United States Armed Forces. All Parkland team members are invited to participate as we honor those who paid the ultimate sacrifice for our country.

▼ Milliman Retirement Plan FAQ Webinar on May 20

Want to gain clarity on your retirement savings and learn strategies for building a secure financial future? Join this FAQ webinar hosted by Parkland's retirement provider Milliman at 10 a.m. and 3 p.m. on Tuesday, May 20, to:

- Get answers to your commonly asked questions around retirement
- Learn how to use your retirement plan to build a secure financial future

Mark your calendars and sign up today! You can register here or via this [QR Code](#).



▼ Medical Staff Professional Services Lunch & Learn on May 28

The Medical Staff Professional Services will host a Lunch & Learn from noon to 12:45 p.m. on Wednesday, May 28. This Lunch & Learn will detail the Medical Staff Professional Services and Regulatory Affairs (MSPS & RA) overview on of their department's work and collaboration to achieve new physician and advanced practice provider's onboarding and EPIC Access. They will also discuss the leave of absence policy, voluntary resignations and how to submit EPARs. You can join the WebEx by [clicking here](#).

► Safety Event – Shared Learning

- **What happened?** During a holiday department party, a Sterno burner used to keep food warm accidentally fell to the floor, causing a fire.
- **What was learned?** It was not known a Hot Work permit was needed; a Sterno burner was stored in the department.
- **What was done?** Room scheduling confirmations include the Hot Work policy, and Sterno burners were added to the environment of care checklist.
- **What can you do?** Using the HRO skill deference to expertise, follow established policies to minimize the chance of fires in Parkland buildings.
- **References:**
 - EC 40-02: Hot Work, Fire Prevention & Protection
 - LS 01-05: Use of heating devices in a controlled laboratory setting
 - LS 01-03: Use of open flames, candles, for religious events
 - LS 01-03: Use of open flame, food heating devices, Sterno



We need healthcare too: Parkland team members as patients

Our fellow team members need healthcare, and choosing Parkland as a place to work as well as a place to receive care is a testament to the healing power of Parkland's ICARE values. We trust the care we seek from one another is high quality, personal and confidential. Healthcare professionals generally recognize that providing medical care to a colleague might present special challenges regarding objectivity, the open exchange of information, patient privacy, confidentiality and informed consent. The patient privacy policies at Parkland tell us to protect every patient, every time without regard to who the patient is or where the patient is employed.

When you have the honor of treating a colleague, recognize and act upon the measures needed to ensure their needs are met and their rights are protected. Respond appropriately to inquiries about the care provided, disclosing only what is necessary to treat the patient who is also a fellow Parkland team member.

► EMS door access

To ensure we are fostering the safest possible environment, effective immediately, any individual entering or exiting the EMS doors at the back of the Emergency Department MUST show their ID badge to the stationed police officer.

The only people who will be allowed through without a badge are active-duty police officers and paramedics who have hospital duties (such as patient transport, emergency detentions, sexual assault kit pick-up, etc.).

The only employees who are allowed/authorized to use these doors are:

- Providers responding to an active call-back or emergent consult
- Those authorized to park in the ambulance bay (governed by the Dallas County Hospital District Police Department)

Please demonstrate our ICARE values when interacting with our police officers. Their job is keeping us safe. Please have your badge ready if you are authorized to use the EMS doors.

Exclusive Mammography access for employees on May 29

The Moody Breast Center will have exclusive, extended access for employee screening mammograms in the Moody Outpatient Center (1st floor) from 2:30-6:30 p.m. on Thursday, May 29. To request an appointment, [click here](#).

Employees must be at least 40 years old with no current breast problems, and it must be 12 months since last mammogram. There is no co-pay for screening mammograms with Parkland Cigna (PPO and HDHP plans). If you have another carrier, please check with your outside insurance first before scheduling a screening mammogram. The last day to sign up is Thursday, May 22 (if appointments are still available).

If you are unable to have an appointment on May 29, call 214-266-3333 to schedule.



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.