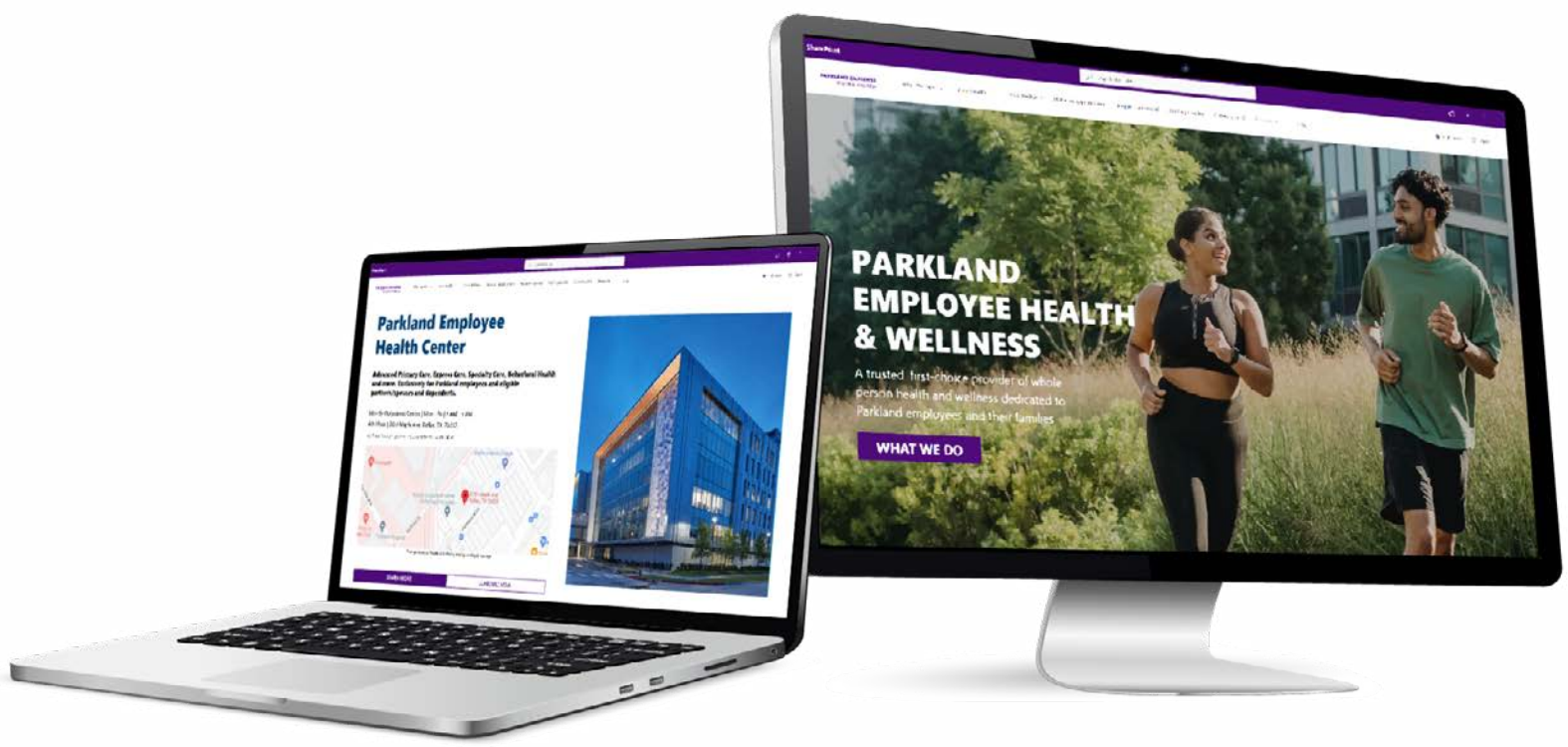


HOW

Parkland

Information and stories for Parkland employees
July 3 – 9, 2023



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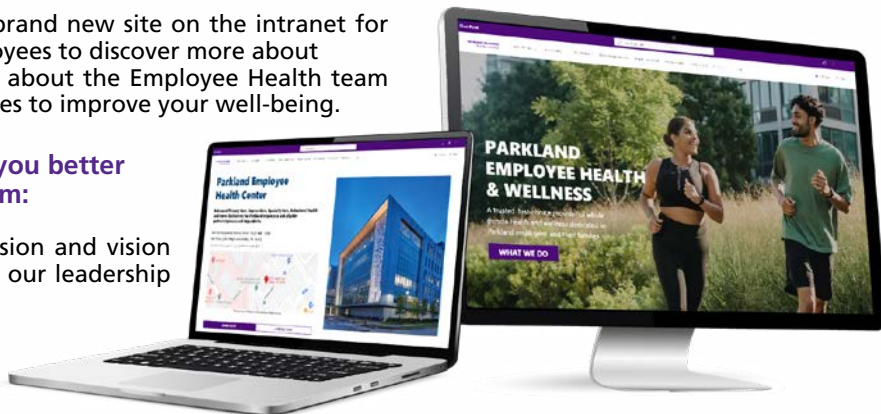
PARKLAND EMPLOYEE HEALTH & WELLNESS

New Employee Health SharePoint Site

Parkland Employee Health & Wellness launches a brand new site on the intranet for employees. The site is a valuable resource for employees to discover more about Employee Health and Wellness services, read more about the Employee Health team and what we do for you, and find tools and resources to improve your well-being.

FEATURES WE'VE INCLUDED to help you better navigate your health and the healthcare system:

- **Who We Are:** discover more about the mission and vision of Employee Health & Wellness, what we do, our leadership team, and our team members
- **Learn about the Employee Health Clinics:** find where we're located, our outcomes, and our services available to you at the Employee Health Center and Employee Women's Wellness Center
- **Your Wellness Page:** read articles, watch recorded webinars, and find helpful tips from health experts across Parkland
- **Find a Provider:** learn more about our team of advanced providers at the Employee Health Clinics
- **Request a referral:** If you need assistance with a referral at Parkland or other care coordination help, this feature allows you to easily send requests directly to the Employee Health care coordination team
- **Make an Appointment:** find guidance on how to make an appointment at the Employee Health clinics, including phone numbers and information on self-scheduling.
- **Get Help:** Have a question? Visit our FAQ page for common questions and direct links to send an email to Ask Employee Health, request care coordination services or request assistance from OTM



VISIT THE SITE by going to the Parkland SharePoint homepage and selecting Employee Health & Wellness from the Employee Information dropdown or go to phhs.sharepoint.com/sites/EmployeeHealthWellness.

**PARKLAND EMPLOYEE
HEALTH & WELLNESS**

► DCHD PD: Be crime smart

Getting educated and taking a few basic steps may well keep you from becoming a victim of crime and fraud and save you a great deal of time and trouble.

1. **Government impersonation scam:** Criminals pose as government employees and threaten to arrest or prosecute victims unless they agree to provide funds, and or prescription ID numbers.
2. **Home repair scam:** Criminals appear in person and charge homeowners in advance for home improvement services they never provide.
3. **Vacation scam:** Use only trusted sites like Expedia, Kayak, Orbitz, etc. And always check them with the Better Business Bureau.
4. **Credit card skimmers:** Watch for card skimmers at gas station pumps and stores. The skimmer attachment collects card numbers and PIN codes, which are then replicated into counterfeit cards.
5. **Monitoring your credit report** through Experian, TransUnion and Equifax can help protect your identity.

DCHD PD offers active shooter response training

The Dallas County Hospital District Police Department is offering in-person active shooter response training available to all Parkland team members. The trainings, led by Officer Darlene Griffin, Crime Prevention Coordinator, will take place on Wednesday, July 5, and Tuesday, July 25, from 8 – 9:15 a.m., 3 – 4:15 p.m. and 6 – 7:15 p.m. each day. These training sessions will be held in the Moody Outpatient Center 5th floor Classrooms I and H (MOC 05-1454).

Seating is limited to 40 attendees per session, so registration is required. You can register, either individually or as a group, by emailing CrimePrevention@phhs.org the date and time of session you wish to attend.

▼ Lasting Impressions: J. Refugio Uribe



Each week, “Lasting Impressions” features a Parkland employee who does exceptional work and provides excellent customer service. This week’s “Lasting Impressions” features J. Refugio Uribe, Supply Chain Distribution Technician.

“J. Refugio works as a Supply Chain Distribution Tech. He stocks supplies in one of the busiest units in the hospital, Labor and Delivery, which is very demanding. J. Refugio is compassionate, he truly represent the ICARE values. He is dedicated team player and works so hard to deliver our supplies. He is never too busy to fill a Special Request Order. J. Refugio is always so polite and courteous, there is no one like him.”



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

American Red Cross training available in Pathways

American Red Cross training is now exclusively available through Parkland Pathways.

These trainings include:

- Basic Life Support (BLS)
- ALS – Advanced Life Support (ALS)
- PALS – Pediatric Advanced Life Support (PALS)
- First Aid/CPR/AED

These are the blended learning training opportunities for Parkland workforce members to either acquire or renew a certification. To access and enroll in any of these blended-learning certification opportunities, select the American Red Cross button conveniently located on the Parkland Pathways homepage.

▶ America’s Essential Hospitals honors Parkland for advancing health equity

America’s Essential Hospitals (AEH) has named Parkland Health the 2023 Gage Award Winner for Population Health, recognizing a series of initiatives launched in 2019 to advance health equity in Dallas County.

“We are honored to be recognized by America’s Essential Hospitals for our work to advance health equity in Dallas County. At Parkland Health, we strive to ensure equitable care for our patients and to address inequities in healthcare at the community level,” said Fred Cerise, MD, MPH, Parkland’s President & CEO. “To be recognized for our work on the CHNA initiatives is a tribute to our many dedicated team members and community partners who are working together to address health disparities among the people we serve.”

With an overall goal to develop long-term, comprehensive strategies to break the cycles that are responsible for health inequities, the CHNA initiatives included efforts to address Dallas County disparities in access to care, behavioral health, breast health, diabetes, hypertension, maternal health, pediatric asthma, sexually transmitted infections and cultural competency. By focusing on ZIP Codes with the greatest challenges, partnering with established community organizations and developing data systems and analytic capacity among the many strategies, the CHNA initiatives laid the groundwork for a healthier Dallas County.

Progress resulting from the 2019 CHNA initiatives includes:

- 350,000 additional primary care encounters recorded from 2019-2022
- 52 locations of access points for healthcare screenings established with Access to Care and Coverage programs embedded in community-based organizations
- 39 new Patient Financial Assistance partners with 105 trained staff to help complete and submit coverage eligibility applications
- Establishment of the now nationally recognized extending Maternal Care After Pregnancy (eMCAP) program to care for new mothers up to 12 months after delivery
- Establishment of pediatric asthma home visit and texting notification programs
- Increased behavioral health services, both adult and pediatric
- Increased blood pressure screenings in targeted ZIP Codes with particular focus on African Americans as they have a significantly higher mortality rate related to hypertension than any other race/ethnicity
- Increased STI testing, treatment, and education
- Increased hiring of Parkland employees who live in the CHNA target ZIP Codes
- A 66% gain in equity in diabetes control in target ZIP Codes

The Gage Award for Population Health recognizes programs to improve specific health outcomes for a defined population or community by addressing the social and economic factors that influence health. The award, named after America’s Essential Hospitals founder Larry Gage, honor and share successful and creative member hospital programs that improve patient care and meet community needs.

▶ Enter your On My Own Time submissions by July 18

Parkland is once again participating in "On My Own Time," a regional art competition produced by the Business Council for the Arts to showcase the talent and creativity of North Texas business professionals.

The deadline for submission of all entries is Tuesday, July 18. Winning entries will be displayed at NorthPark Center mall in Dallas.

If interested, you can submit your entries below by clicking:

- [Visual Artist Work Submission Form](#)
- [Literary Artist Work Submission Form](#)

Submission guidelines for each contest can be found below:

- [Visual Artist Work Submission Guidelines](#)
- [Literary Artist Work Submission Guidelines](#)

At the end of the competition, our Employee Experience team will reach out directly to the winners of this contest for next steps on inclusion in On My Own Time. Visit the [On My Own Time SharePoint page](#) for more information on this contest.

Leave the fireworks to the experts on July 4

The Parkland Burn Center staff would like you to enjoy the Fourth of July festivities with family and loved ones, but please do so safely. According to National Fire Protection Agency (NFPA), a sparkler can get as hot as 1200o F, and can cause significant burns in any age group. NFPA also states that fireworks start over 19,000 fires and send over 9,000 people to the emergency room each year in the US. Please leave the use of fireworks, both big and small, to trained professionals.

▶ New standard meeting durations in Outlook

For many Parkland employees, back-to-back meetings are a hallmark of the pandemic era. One conversation ends and another begins; often there is no chance to stretch, pour a glass of water or clear your head. Research has shown that your brain needs breaks when working over sustained periods to improve your ability to focus and engage while in meetings.

To help facilitate this break, new calendar settings in Outlook have been implemented to help shorten meetings and create breaks in our schedules.

What does this mean to you?

- The default meeting time will be 25 minutes
- Meetings will default to end 5 minutes early for meetings less than one hour
- Meetings will default to end 10 minutes early for meetings one hour or longer
- This will not impact meeting invitations that were created prior to June 26, 2023
 - Updating previously scheduled meetings is optional

As part of our larger High Reliability Organization (HRO) path, we look forward to the opportunities and improvements for physical and mental reset between meetings that this change will provide. If you have any questions, please contact the Parkland Technical Support Center at 214-590-5999 (ext. 25999).

July healthcare observances*

July 28: World Hepatitis Day
Cord Blood Awareness Month
Healthy Vision Month
National Cleft & Craniofacial Awareness & Prevention Month
Sarcoma Awareness Month
UV Safety Month

**The list of healthcare observations comes from www.healthgrades.com as well as the Society for Healthcare Strategy & Market Development calendar. If an observation was omitted, call 214-590-8048 (ext. 28048) or email Employees@phhs.org to add it to the list.*



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.