

Now

Parkland

Information and stories for Parkland employees
Nov. 10 – Nov. 16, 2025

Make a difference this holiday season

*New ICARE, I Share
donor platform now open*

P.2 Get your flu
shot this week

P.3 Join the CHNA Lunch
& Learn on Nov. 13

P.4 Self-Enhancement
Workshops in November



Make a difference this holiday season

New ICARE, I Share donor platform now open

The ICARE, I Share Holiday Giving Program is back—and your chance to make a meaningful impact begins today! Each year, this program helps Parkland employees facing hardship during the holidays. By adopting a family and fulfilling their wish list, you can bring joy and relief to a fellow team member.

How to donate

- **Nov. 10–25:** Visit the new **ICARE I Share Donor Platform** to adopt a family to support.
- **By Dec. 5:** Deliver donated gifts to Guest Services.
- **Dec. 8–13:** Gifts will be distributed to approved applicants.
- Click [here](#) below to become an ICARE, I Share donor.

This program reflects the heart of our ICARE values and what it means to be Parkland Proud. Give back to your fellow employees this holiday season—donate today!

For any more information, email ICAREIShare@phhs.org.

► **Get your flu shot this week**

The influenza vaccine (flu shot) is mandatory for all employees and volunteers, with limited approved exemptions*. To support the health, well-being and safety of our patients, guests and staff, please receive your flu shot no later than Saturday, Nov. 15.

Steps to receive your flu shot

1. **Complete the 2025 Influenza Vaccination Survey in ReadySet:** Log in to your ReadySet account [here](#). Alternatively, you can access your account through Parkland Pathways using this [link](#) and no password is required.
2. **Flu vaccination compliance requirements:** To remain compliant, you must either receive the flu vaccine or provide documentation of your current flu shot by 11:59 p.m. on Nov. 15. Employees can receive the flu shot at no cost from the following locations:
 - **Occupational Health Services (3rd Floor, WISH)**
 - **Employee Health Center (4th Floor, Moody Outpatient Center):** Walk-ins are welcome at the EHC from 8:30 a.m. to 4:30 p.m. Monday through Friday (with a lunch break from noon to 1 p.m.).
 - **Flu Drives in the Private Dining Room:** 3 to 7 p.m. Thursday, Nov. 13, and 9 a.m. to 4:30 p.m. Friday, Nov. 14
 - **Off-site vaccination:** If you choose to get your flu shot at an off-site location, such as a retail pharmacy or doctor's office, you must obtain an official influenza administration record. This documentation should include your name, date of birth, lot number, expiration date and date of administration. Please submit this information to OHS via ReadySet by Nov.15.
3. **Flu shot compliance confirmation:** Upon receiving your flu shot from OHS, the Employee Health Center (EHC) or any listed location or by providing proof of compliance to OHS by 11:59 p.m. on Nov. 15, employees will receive a campus-wide flu shot sticker. This sticker should be applied to your ID badge as confirmation of compliance.



Exemption request process for religious, medical or reasonable accommodation

- Please note that the exemption request process consists of two steps and must be completed by Nov. 15.
- Previous exemptions do not carry over from year to year, unless specified.
- After submitting your survey to request an exemption, you will receive an email containing the exemption form. This form must be completed and returned by Nov.15.
- If you have previously received an indefinite exemption, you are still required to complete the survey.

For more information, please contact the Office of Talent Management, or OTM ([OTM Service Portal](#), 469-419-3000, ext. 73000).

**Employees who do not receive the flu shot by the Nov. 15 deadline (or those granted exemptions/reasonable accommodations and who do not comply with the mask requirement) will be subject to corrective action in accordance with [OTM Procedure 8000-100 Health Screening/ Immunizations](#).*

► **Preview Parkland's new self-service portal**

EC Pro, the replacement for Parkland's existing Self-Service portal, is coming in December! Want to learn about it now? You can get a sneak peek of what it will look like, get familiar with its navigation and provide input on how it will function by visiting the [EC Pro Input and Demo](#). Please share this link with your teams! We want feedback and observations to ensure the design reflects your preferences.

▼ Lasting Impressions: Vernealla Bennett



Each week, "Lasting Impressions" features a Parkland employee who does exceptional work and provides excellent customer service. This week's "Lasting Impressions" features Vernealla Bennett, Lead Environmental Services Technician.

"Vernealla (Ms. Nita) is the quiet heartbeat of our building (Support Building A). As a member of Environmental Services, she brings care, consistency and pride to every corner she touches. Her work ensures not just cleanliness, but comfort, creating a space where staff, patients and visitors feel safe, respected and at home. Her presence is steady and uplifting. With a warm smile and tireless dedication, Ms. Nita turns routine into ritual, noticing what others might miss and responding with quiet grace. She remembers names, honors moments and brings a spirit of service that strengthens our culture. Ms. Nita's lasting impression is one of reliability, humility and the kind of behind-the-scenes excellence that makes everything else possible."



Want to nominate an employee who goes above and beyond? Tell us what makes them so fantastic by emailing Employees@phhs.org or calling ext. 28048.

Collection of SABRE personal alarms

A number of the SABRE personal alarms in circulation with Parkland team members have been identified as potentially defective. If you are in possession of a SABRE personal alarm, please return it to one of the following locations by Monday, Dec. 1:

- **Nursing Center of Excellence** (NPH 02-500)
- **OPC administration** (4th floor, Moody Outpatient Center)
- **Compliance Office** (10th floor, Stemmons, Suite 1064)
 - Office hours: 7:30 a.m. to 4:30 p.m., Monday-Thursday
 - For questions, call 214-590-1171 (ext. 21171)
- **COPC Health Centers:** Operations managers will collect
- **Correctional Health:** Jamal Johnson will collect

Workforce Safety is coordinating the collection of the identified SABRE alarms, and replacement alarms will be issued once the defective units are exchanged.



► Healing Heroes: A Veterans Day conversation on trauma and resilience

Join the Military and Veterans at Parkland Employee Resource Group (MVP ERG) at noon on Monday, Nov. 10, as they recognize National Veterans and Military Families Month. They will provide an overview on the significance of Veterans Day, recognize veterans in the Parkland workforce, then Angela Hill, PsyD, Employee Health Center psychologist, will speak to the impact of trauma and PTSD. We hope you can join in-person in the MacGregor W. Day Auditorium (1st floor, Moody Outpatient Center) or via Webex (information below) for this meaningful discussion and to honor those who served in the armed forces.

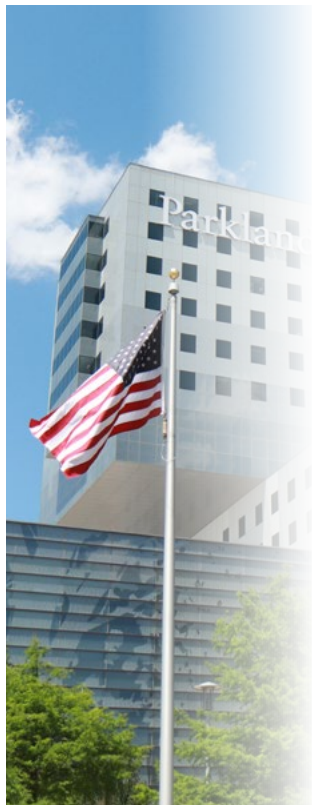
- **Join WebEx**
- **Meeting password:** 1234
- **Meeting number (access code):** 2315 635 2449

▼ Join the CHNA Lunch & Learn on Nov. 13

From noon to 1 p.m. on Thursday, Nov. 13, Parkland will host a Community Health Needs Assessment (CHNA) Lunch & Learn that will highlight Parkland's Diabetes CHNA Initiative. This presentation will discuss the journey of the Diabetes CHNA Program over the past six years. The Diabetes CHNA team will review the evolution of Diabetes CHNA program and metrics, the Implementation Plan, community-based efforts, data management strategies and the future direction of Diabetes CHNA efforts. Presenters will include:

- Mary Beth Robinson, MS, RD/LD, CDCES – Certified Diabetes Care & Education Specialist
- Regina Wren, MBA, BSN, RN-BC – Diabetes Sr. Registered Nurse - Data
- Misty Jones, MPH, RD, LD, CDCES – Manager, Global Programs - Diabetes
- Uma Gunasekaran, MD, FACE – Executive Medical Director
- Kellie Rodriguez, RN, MSN, MBA, CDCES – Administrative Director, Global Diabetes Program & ID Clinic

[Click here](#) to register to attend upcoming CHNA Lunch & Learn Webinars.



Self-Enhancement Workshops in November

Join a FREE virtual workshop hosted by Self-Enhancement and Therapy Services (SETS) at the Employee Health Center, led by EHC clinical psychologists and licensed clinical social workers. [Sign up for a workshop here*](#) and you will receive an email with the WebEx link to join the session.

Learn more about the EHC behavioral health team who lead SETS workshops: [Mark Dalal, PhD](#), [Rebecca Catlett, LCSW](#), and [Angela Hill, PsyD, ABPP](#).

**Workshops have a limited number of spots available and are first come, first served. Once full, registration for that workshop will close. Sessions are NOT recorded.*

Perfectionism, People-Pleasing & Procrastination: How Hidden Habits Hold Us Back—and How to Move Forward
Rebecca Catlett, LCSW | Noon – 1 p.m. Wednesday, Nov. 12

Fighting Fair: Transforming Conversations in Romantic Relationships
Angela Hill, PsyD, ABPP | Noon – 1 p.m. Thursday, Nov. 13

The Attachment Blueprint: Rewriting the Patterns That Shape Your Life
Angela Hill, PsyD, ABPP | Noon – 1 p.m. Tuesday, Nov. 18

Find Your Drive: A Workshop on Sustainable Exercise Motivation
Mark Dalal, PhD | Noon – 1 p.m. Thursday, Nov. 20

▼ Sign up to volunteer at the Dallas Holiday Parade!

Parkland employees once again have the chance to volunteer at the annual Dallas Holiday Parade on Saturday, Dec. 6! Sign up today by visiting www.dallasholidayparade.com/volunteer, and make sure to select “Parkland Health” from the drop-down menu under “Are you with a Volunteer Crew or Sponsor Organization?” Family members can also sign up to volunteer, but must be a minimum age of 13 years old and if under 18, must be accompanied by an adult while volunteering.

Once you register, make plans to attend the information session on Wednesday, Nov. 12, (optional) and the on-campus training session on Thursday, Nov. 20 (mandatory).

Informational WebEx

11:30 a.m. to 12:30 p.m. Wednesday, Nov. 12

Join via the login information below to learn more about the volunteer process and get your questions answered in advance.

- [Join WebEx](#)
- **Meeting Number:** 2301 121 9220
- **Join by phone:** 1-469-210-7159

Training Session

6-8 p.m. Thursday, Nov. 20 (Parkland Cafeteria)

This training session will be led by Dallas Holiday Parade officials, and is mandatory for all parade volunteers. If you are unable to attend this session (or register after this date), you must attend one of the other training sessions listed on www.dallasholidayparade.com/volunteer.

Volunteer uniforms are the Dallas Holiday Parade official sweatshirt and black pants (can be scrub pants). Sweatshirts are \$25-30 (based on size) and are available for purchase by [clicking here](#). For more information on volunteering at this event, please email DallasHolidayParade@phhs.org.

Onward & Upward

8 Medical/Surgical: Fatoumata Karembe and Edith Garcia Montalvo to Registered Nurse – Acute Care

Care Management: Chantse Jackson to Social Worker (LMSW)

Correctional Health: Segun Adeniji and Byron Chandler to Registered Nurse, Sweet Free to Health Unit Coordinator, Ayush Varughese to Business Intelligence Developer I

Emergency Services Administration: Amelia Stewart to Director – Emergency Administration Operations, Anthony Tarango to Director of Nursing – Emergency Room

General Surgery: Marissa Antunez-Catalan to Registered Nurse – Acute Care

Hospitalist A: Riya John and Carmen Rodriguez to Registered Nurse – Acute Care

Hospitalist B: Madeline Albrecht, Olivia Lee and Charming Njikam to Registered Nurse – Acute Care

Inpatient Rehabilitation: Amira Kadir to Registered Nurse – Acute Care

Language Services: Ana Garcia and Maria Vazquez Rangel to Medical Interpreter

Material Services: Damesha Lewis to Supply Chain Logistics Technician

Mother/Baby B: Emejulu Okechukwu to Senior Registered Nurse Fellow

Nurse Residency: Alexa Hernandez and Alejandra Ramos to Registered Nurse – NICU, Alejandra Perez to Registered Nurse – Mother Baby, Daniela Gonzalez Salinas and Roneisha Williams to Registered Nurse – ICU/CCU/PCU, to Registered Nurse – ICU/CCU/PCU, Whitney Houston to Registered Nurse

Observation Unit: Patricia Beatrice Palmis, Arcadio Maciel and Alejandra Resendez to Registered Nurse – Acute Care

Ortho A: Estrella Cruz Vazquez and Oscar Villegas to Registered Nurse – Acute Care

Parkland Community Health Plan – Finance: Jacob Varughese to Senior Accounting Specialist

Plastic Surgery: Alin Castillo, Maria Martinez, John Maurera and Leena Yousri to Registered Nurse – Acute Care



Parkland

Care. Compassion. Community.

Parkland Now is published by the Corporate Communications department at Parkland Health.

Please note the submission deadline for each issue of *Parkland Now* is by the end of day each Monday.

To publicize your news in *Parkland Now*, please send all submissions to Employees@phhs.org or call ext. 28048.